

A Celebration of Local Food in Durham

24 September – 9 October 2005

Supporting British Food Fortnight

Celebrate Together Sat Oct 8 Durham City Centre Local Food Day

- Grand Local Producers & Farmers Food Market
- Cookery demonstrations, talks and tastings in Gala Theatre & story-telling in Clayport Library
- Live music (incl Food Glorious Food of course!)
- Big Local Breakfast in Town Hall
- Local food & drink served in cafes & pubs
- Food history displays at County Hall & Durham University Library
- Workshops for food producers & retailers

Walk Together Sat Oct 1 & Sun Oct 2 Farm Visits and Wild Food Walks

- Visit farms near Durham City and in Weardale & Teesdale and learn about making sausages, growing organic apples, farming and the environment, and lots more.
- Join in wild food walks all around Co Durham and pick blackberries and mushrooms with experienced guides
- Full list on website www.durhamfood.org.uk

Eat Together Sat Sept 24- Oct 9 Community Events

- Arrange an event to celebrate British Food Fortnight
- Invite a chef or local farmer to your school
- Hold a harvest festival event in your church
- Promote local produce at a community event
- Visit www.britishfoodfortnight.co.uk for more great ideas – and let us know what you're doing!

The Durham Local Food Celebration is organised by a group with a passion for delicious & good-quality local food. The aim is to get people to support British Food Fortnight & to develop sustainable long-term initiatives. For further information ring Durham Tourist Information 0191 384 3720 or email info@durhamfood.org.uk or visit www.durhamfood.org.uk or write to PO Box 455, Durham, DH1 9ZT.

5 REASONS TO BUY LOCAL FOOD & DRINK

1. It's fresh & tasty!
2. It reduces food miles.
3. It creates new markets for local producers and speciality retailers
4. It's traceable and enables shoppers to reconnect with our rich food heritage.
5. It re-enforces healthy eating messages.

***Local
Action
21***

***Millenium
UnLtd
Awards
Scheme***

***British
Food
Fortnight***

***Durham
Tourist
Information***